# OmniClub Outlook

**OCTOBER - DECEMBER 2025** 

## Staying Secure IN A CONNECTED WORLD

Tammy Gage Vice President and Community



s we embrace the digital age, it's important for everyone

to feel safe and confident online. The Internet offers a wealth of opportunities for connection, learning, and entertainment, but it can also present challenges. Navigating the online world securely is essential for protecting personal information and enjoying all that technology has to offer. With a few simple tips and some awareness, you can enhance your online safety and make the most of your digital experiences!

Here are some key considerations and tips to help protect individuals from cyber threats:

## **COMMON CYBER THREATS**

## A Phishing Scams

 Fraudulent emails or messages that appear to be from legitimate sources, tricking individuals into providing personal information.



### Online Fraud

· Scams that target seniors, such as fake lottery wins, investment opportunities, or romance scams.



 Criminals steal personal information to impersonate someone and commit fraud.



· Malicious software that can infect devices, steal data, or lock users out of their systems.



### **Social Engineering:**

· Manipulative tactics used to trick individuals into divulging personal information.

### BEST PRACTICES FOR CYBERSECURITY

## **Education and Awareness:**

- · Learn more about common scams and how to recognize them.
- · Be skeptical about unsolicited communications, especially those requesting personal information.



### **Strong Passwords:**

- · Use strong, unique passwords for different accounts.
- · Consider using a password manager to help manage and store passwords securely.



## **Two-Factor Authentication:**

• Use of 2FA wherever possible, adding an extra layer of security to online accounts.



### **Use of Security Software:**

· Recommend installing reputable antivirus and anti-malware software on devices.



## Upcoming *Events*



**OCTOBER 1** 

**OCTOBER 13** 

**OCTOBER 31** 

**NOVEMBER 2 NOVEMBER 11** 

**NOVEMBER 27** 

Thanksgiving (BANK CLOSED)

**DECEMBER 3** 

**DECEMBER 7** 

**DECEMBER 15** 

**DECEMBER 21** 

**DECEMBER 24** 

**DECEMBER 25** 

**DECEMBER 26** 

**DECEMBER 31** 

Yom Kippur begins

Columbus Day (BANK CLOSED)

Halloween

Daylight Savings time ends

Veterans Day (BANK CLOSED)

**Omni Christmas Party** 

Pearl Harbor Remembrance Day

Hanukkah begins

Winter Solstice

Christmas Eve

Christmas Day (BANK CLOSED)

Kwanzaa begins

New Year's Eve



## Safety in Your Home During the Holidays

The holiday season is a time of joy and celebration, but it can also present unique safety challenges for seniors. Here are some important tips to help ensure a safe and enjoyable holiday experience for elderly loved ones:

- FIRE SAFETY: With increased use of candles, lights, and cooking, fire hazards can rise. Ensure that all smoke detectors are functioning properly and consider using flameless candles as a safer alternative. If using traditional candles, place them away from flammable materials and never leave them unattended.
- FALL PREVENTION: The hustle and bustle of the holidays can lead to clutter, which increases the risk of falls. Keep walkways clear of decorations, gifts, and other obstacles. Use non-slip mats and ensure that all areas are well-lit, especially staircases.
- SECURE DECORATIONS: When decorating, avoid using heavy or sharp objects that could cause injury. If using a ladder to hang decorations, ensure it is stable, and consider asking for assistance to prevent falls.
- KITCHEN SAFETY: The kitchen can become a busy area during holiday cooking. Ensure that you are aware of safe cooking practices, such as using oven mitts and keeping flammable items away from the stove. If mobility is an issue, consider preparing meals in advance or using pre-made options.
- **SOCIAL INTERACTION:** While the holidays are a time for gatherings, large crowds can be overwhelming for some. Encourage smaller, more intimate gatherings that allow for easier communication and less stress. Ensure that seniors have a means of transportation to and from events safely.



- MEDICATION MANAGEMENT: With the hustle of the holidays, it's easy to forget medication schedules. Help seniors organize their medications and set reminders to ensure they take them as prescribed.
- **EMERGENCY PREPAREDNESS:** Make sure you have a plan in place for emergencies. This includes having a fully stocked first-aid kit, a list of emergency contacts, and a charged phone readily available.
- STAY CONNECTED: Regular check-ins can help you feel supported and less isolated during the holidays. Encourage family members to reach out, whether through phone calls, video chats, or in-person visits.

By taking these precautions, families can help ensure that you enjoy a safe and happy holiday season, filled with joy and cherished memories.



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